

## AIMS THAT COUNT

- The NMHCCF is a powerful, respected and combined national voice for mental health consumers and carers.
- A focus on recovery is essential to promoting hope and wellbeing for people with mental illness.
- Policies and practices reflect social inclusion and human rights principles, and all services are inclusive
- Mental health consumers and carers are actively involved in co-design and decisions that impact on their lives
- Stigma and discrimination is acknowledged and eliminated
- Positive changes occur by identifying important and innovative ideas within the mental health system and our broader community



For further information on the NMHCCF, please contact the Executive Officer.

☎ (02) 6285 3100

✉ [nmhccf@nmhccf.org.au](mailto:nmhccf@nmhccf.org.au)



**National Mental Health  
Consumer & Carer Forum**

**A combined national voice for  
mental health consumers and carers**

A large, semi-circular graphic at the bottom of the page contains a faded, purple-tinted photograph of a diverse group of people of various ages and ethnicities, all smiling and looking towards the camera.

**Providing an  
understanding  
of mental health  
consumer and  
carer needs,  
issues and  
solutions.**

[nmhccf.org.au](http://nmhccf.org.au)

The National Mental Health Consumer and Carer Forum (NMHCCF) is a combined national voice for mental health consumers and carers. We listen, learn, influence and advocate in matters of mental health reform.

The NMHCCF was established in 2002 by the Australian Health Ministers' Advisory Council and reports to Australian Health Ministers through the Mental Health, Drug and Alcohol Principal Committee. Funding is provided by the Australian Government and state and territory governments.

NMHCCF members represent mental health consumers and carers on a large number of national bodies, including government committees and advisory groups, professional bodies and other consultative forums and events.

Members use their lived experience, understanding of the mental health system and communication skills to advocate and promote the issues and concerns of consumers and carers.

## **ACTIONS WITH IMPACT**

---

### **Listen**

- to the issues and concerns of consumers and carers.

### **Learn**

- to identify and promote good and ethical mental health practices and initiatives;
- about mental health services and programs, national and jurisdictional plans, Acts and strategies;
- by developing an understanding of what is happening in mental health in each jurisdiction, and nationally/internationally.

### **Advocate**

- by providing an informed, strong and unified voice to government, the mental health sector and other identified stakeholders;
- ensuring that issues and concerns are acknowledged and addressed as part of the national policy development process in Australia.

### **Influence**

- by enhancing, promoting and progressing genuine national partnerships and inclusion
- the capacity of individuals to advocate for and participate in all decisions that impact on their lives.

## **We encourage you to visit our website to access our resources**

Based on our knowledge of consumer and carer issues, we produce a number of publications on matters important to consumers and carers written from their perspective. These include:

- Advocacy Briefs
- Position Statements
- Submissions

We also use our skills and resources as representatives on committees and working groups.

## **BROAD NATIONAL MEMBERSHIP**

---

Our membership is comprised of one consumer and carer representative from each Australian state and territory, and; representatives from each of the following organisations:

- blueVoices
- Carers Australia
- Consumers Health Forum of Australia
- Grow Australia
- Mental Health Carers Australia
- Private Mental Health Consumer Carer Network Australia

As well as lived experience from Aboriginal and Torres Strait Islander peoples.